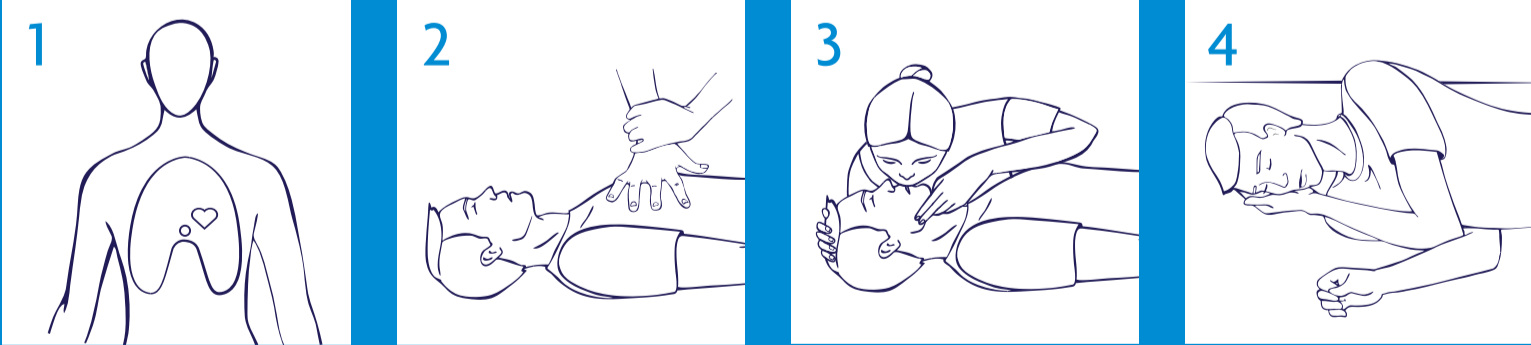


CPR AND RESUSCITATION

- ▶ YOUNG CHILDREN SHOULD BE SUPERVISED WHEN USING THE SWIMMING POOL
- ▶ POOL GATES ARE TO BE KEPT CLOSED AT ALL TIMES
- ▶ KEEP ARTICLES, OBJECTS AND STRUCTURES AT LEAST 90CMS CLEAR OF THE POOL FENCE AT ALL TIMES

DANGER	ENSURE THE AREA IS SAFE FOR YOURSELF, OTHERS AND THE PATIENT
RESPONSE	CHECK FOR RESPONSE ASK NAME/SQUEEZE SHOULDERS
SEND	SEND FOR HELP CALL TRIPLE ZERO (000) FOR AN AMBULANCE OR ASK ANOTHER PERSON TO MAKE THE CALL
AIRWAY	OPEN MOUTH PLACE IN RECOVERY POSITION/CLEAR AIRWAY WITH FINGER IF FOREIGN MATERIAL IS PRESENT
BREATHING	BREATHING NORMALLY? YES - PLACE IN RECOVERY POSITION & MONITOR NO - START CPR
CPR CHILD & ADULT 1. LOCATE COMPRESSION POINT 2. CHEST COMPRESSIONS 30:2 3. RESCUE BREATHS 4. RECOVERY POSITION INFANT 1. POSITION 2 FINGERS ON LOWER HALF OF THE STERNUM 2. DEPRESS STERNUM APPROX. 1/3 THE DEPTH OF THE CHEST 3. CONTINUE WITH 30 COMPRESSIONS TO 2 BREATHS	START CPR 30:2 30 CHEST COMPRESSIONS : 2 BREATHS CONTINUE CPR UNTIL HELP ARRIVES OR UNTIL PATIENT RECOVERS 
DEFIBRILLATION	APPLY DEFIBRILLATOR IF AVAILABLE - FOLLOW VOICE PROMPTS