

# Emotional Wellbeing for Older Persons (EWOP)

## Referral Information

EWOP program provides mental health services for older people who reside in Residential Aged Care facilities. This program aims to provide psychological and psychosocial therapies.

# To access this service a diagnosis of mental illness is required from a GP, a Psychiatrist, a RN or allied health staff.

## Who is eligible?

- Residents with diagnosed mental illness
- Residents with severe mental illness who are not being managed by the local Older Persons Mental Health teams (OPMH)
- Residents who may be 'at risk' of developing a mental illness if they do not receive appropriate treatment

## Benefits for residents are expected to include

- mood improvements, reduction in anxiety and stress
- increased ability to cope with life changes.
- an increased interest in social activities at the facility
- increased capacity of staff to identify and support residents with mental health needs

## Referral process

Completed Anglicare EWOP Referral form which includes:

- Recently completed Psychogeriatric Assessment Scale score (PAS score)
- Recently Completed Confusion Assessment Method (CAMS) result (to exclude delirium)
- Nomination of diagnosis
- signed resident consent to the referral

*Emotional Wellbeing for Older Persons (EWOP) service is supported and funded by Sydney North Health Network.*

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To know more, contact our intake team

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