



SUN RUN

31 JAN
2026



Event shuttle bus timetable

Pre-event shuttle bus services

WYNYARD TO DEE WHY (2SR)							
Wynyard Stand B <i>*B-Line (B1) commences at 5:25 and runs every 15min</i>	5:10	5:20		5:30	5:40		
Neutral Bay (Big Bear)	5:19	5:29	5:35	5:39	5:49		
Neutral Bay Junction	5:20	5:30	5:36	5:40	5:50		
Spit Junction	5:26	5:36	5:42	5:46	5:56		
Balgowlah Shops – Sydney Rd near Condamine St	5:35	5:45	5:51	5:55	6:05	6:05	6:15
Manly Vale (Kenneth Rd)	5:39	5:49	5:55	5:59	6:09	6:09	6:19
Warringah Mall – Pittwater Rd Stand D	5:42	5:52	5:58	6:02	6:12	6:12	6:22
Dee Why Main (Pittwater Rd)	5:48	5:58	6:04	6:08	6:18	6:18	6:28

MANLY TO DEE WHY (1SR)							
Manly Wharf Stand E (Gilbert Park)	5:20	5:30	5:35	5:40	5:50	6:05	6:10
Warringah Mall – Pittwater Rd Stand D	5:32	5:42	5:47	5:52	6:02	6:17	6:22
Dee Why Main (Pittwater Rd)	5:38	5:48	5:53	5:58	6:08	6:23	6:28
Manly Wharf Stand E (Gilbert Park)	6:20	6:25	6:30	6:35	6:40	6:45	6:50
Warringah Mall – Pittwater Rd Stand D	6:32	6:37	6:42	6:47	6:52	6:57	7:02
Dee Why Main (Pittwater Rd)	6:38	6:43	6:48	6:53	6:58	7:03	7:08

**Free special event shuttle bus services will run from Wynyard, Neutral Bay, Balgowlah and Manly, making limited stops to help get participants to the start line in Dee Why. Participants must show their bib for access to the free event shuttle bus, including B1 services.*



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Post-event shuttle bus services

MANLY TO DEE WHY (1SR)									
Manly Wharf Stand E (Gilbert Park)	7:30	7:40	7:45	7:50	7:55	8:00	8:05	8:10	8:15
Warringah Mall – Pittwater Rd Stand D	7:42	7:52	7:57	8:02	8:07	8:13	8:18	8:23	8:28
Dee Why Main (Pittwater Rd)	7:48	7:58	8:03	8:09	8:14	8:20	8:25	8:30	8:35
Manly Wharf – Stand E (Gilbert Park)	8:20	8:25	8:30	8:35	8:40	8:45	8:50	8:55	9:00
Warringah Mall – Pittwater Rd Stand D	8:33	8:38	8:43	8:48	8:53	8:58	9:03	9:08	9:13
Dee Why Main (Pittwater Rd)	8:40	8:45	8:50	8:55	9:00	9:05	9:10	9:15	9:20
Manly Wharf Stand E (Gilbert Park)	9:05	9:10	9:15	9:20	9:25	9:30	9:35	9:40	9:45
Warringah Mall – Pittwater Rd Stand D	9:18	9:23	9:18	9:33	9:38	9:43	9:48	9:53	9:48
Dee Why Main (Pittwater Rd)	9:25	9:30	9:35	9:40	9:45	9:50	9:55	10:00	10:05
Manly Wharf Stand E (Gilbert Park)	9:50	9:55	10:00	10:10	10:15	10:20	10:30		
Warringah Mall – Pittwater Rd Stand D	10:03	10:08	10:13	10:23	10:28	10:33	10:43		
Dee Why Main (Pittwater Rd)	10:10	10:15	10:20	10:30	10:35	10:40	10:50		

**Free special event shuttle bus services will run from Manly to Warringah Mall and Dee Why to help get participants home. Participants must show their bib for access to the free event shuttle bus, including B1 services.*

Participants wanting to get back to the City are encouraged to use the event shuttle bus to Warringah Mall to catch the B-Line (B1) which runs every 10 minutes to Wynyard.